



Odyssey Health Club

Stay Safe

We have made huge changes to the way we operate our club to reduce the risk of transmission of COVID-19, and as such we want you to feel confident to make your comeback to Odyssey Health Club.

We have identified the key areas and actions needed to ensure we keep a safe work environment for our staff, and our members.



1. Prevent people bringing in the infection to the club

- We will not admit any staff or members who are displaying signs of infection or live with someone who is
- Require self-certification of health for staff and potentially members
- Require use of hand washing / sanitisation when entering the club
- Provide hand washing / sanitisation across the club and facilities



2. Adhere to current government guidelines on club occupancy

- Some class numbers may be reduced inline with government guidelines
- Classes will be spread across the site and facilities to minimise contact points
- We will utilise our outdoor space as much as possible



3. Reduce the risk of transmission with social distancing measures in place

- Creating a one-way system throughout the club to avoid potential pinch-points in the club
- Separation of equipment and changes to the gym layout
- Space out changing facilities where necessary
- Maximise fresh air into the building



4. Reduce the risk of transmission from surfaces with regular cleaning from both staff and members

- Reduce contact points to a minimum by keeping doors open and using contactless payment methods
- Ensure regular cleaning and disinfection regimes
- Provide access to anti-viral wipes and sprays
- Enforce kit wipe down pre and post workout
- Appropriate PPE to be worn for cleaning activities
- Monitor use of non-essential facilities inline with government guidelines



5. Provide ongoing information and understanding of COVID-19 and any new protocols

- Prepare and publish risk assessments
- Provide specific training to all staff members
- Inform members of club policy before attending the club, on arrival and throughout the club via clear and consistent communication
- Update staff and members on a regular basis with relevant club updates and policy changes

Safety of Odyssey Health Club staff and members is our primary objective. We ask you to please to take personal responsibility. By combining the above measures and being consistent with our approach we dramatically reduce any risks faced from COVID-19, giving you the confidence to make your come back.